

# Tummy troubles? Speak to your doctor



If you have had any of these tummy troubles for 3 weeks or more, speak to your doctor:

- your tummy feels uncomfortable or you have any pain



- you feel bloated or full all the time



- you have diarrhoea or runny poo

It might not be anything serious, but if it is cancer, finding it early makes it easier to treat.



Speak to your doctor, they are here to see you safely.

Find out more at  
[nhs.uk/cancersymptoms](https://www.nhs.uk/cancersymptoms)

Clear on  
cancer

help us  
help you